

# Danvers Recreation Wrestling Program



**The sport of wrestling builds strength, agility, character and self-confidence in children of all ages.**

Wrestlers will learn the skills of wrestling during practices. They will have the opportunity to utilize these skills throughout the season in scrimmages, meets and tournaments with other Big East Division programs.

The Wrestling Program will be open to children in grades 3-8 for the 2011-2012 wrestling season. No experience necessary!

**Parent/Wrestler informational meeting on November 7<sup>th</sup>  
Thorpe School Cafeteria - 7PM.**

**Specific program questions can be forwarded to Director Mike Anderson at  
Michael.Anderson@wavehealth.com**

\***Pre-season conditioning** sessions will be announced at the Parent Meeting!

\***Practices** will be held on Mondays and Wednesdays- 11/29/2011-2/24/2012  
Grades 3-4 from 5:30-6:45pm and Grades 5-8 from 7:00-8:30pm at Thorpe School.

\***Registration Fee** is \$85/wrestler and includes a t-shirt!

\***Shoe Swap** – If you wrestled last year and have a pair of wrestling shoes that don't fit anymore please bring them to the informational meeting.

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**Danvers Recreation Wrestling Program Program#114802**

**Register by mail or in person at Town Hall 1 Sylvan St. Danvers or online at [www.danversrec.com](http://www.danversrec.com)!**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact&Number: \_\_\_\_\_

**Cost of this program is \$85. Please make checks payable to "Town of Danvers."**

Check# \_\_\_\_\_ Visa/MC# \_\_\_\_\_ Exp. \_\_\_\_\_

*I hold harmless the Town of Danvers, its employees, volunteers, or its agents from any and all injuries that might be sustained by participation in any of the programs. In the event of injury, I grant permission to provide/acquire medical care or assistance. In addition, I hereby give permission for any photographs taken to be used for publicity purposes.*

Signature: \_\_\_\_\_ Date \_\_\_\_\_